



ATTIC MARTIAL ARTS

PERSONAL COACHING FORM

Personal Coaching Fee Chart (30 Minutes per Session)

Instructor Level	Fee	Cost of Equipment	Total Cost
Instructor	\$20.00		
Master Instructor or Head Coach	\$30.00		

- Forms
- Sparring
- Breaking
- Weapons
- Basics
- Self Defense

Are you a member of *THE ATTIC*?
 No _____, I practice at _____
 Yes ____ Current Rank _____ Dan _____

Name _____

Age _____

Parent/Guardian Name _____
Complete if not a member of the ATTIC

Address, City, State, Zip _____
Complete if not a member of the ATTIC

Phone 1 [Circle One: MB / WK / HM] _____
Complete if not a member of the ATTIC

Phone 2 [Circle One: MB / WK / HM] _____
Complete if not a member of the ATTIC

I and the other names listed understand and agree that physical fitness training, martial arts training, and competitive contact –sports can involve injury and/or illness, and that all exercise and martial arts courses are taken at my own risk. I do hereby release and discharge The ATTIC Fitness Center (also referred to as The ATTIC or The ATTIC Martial Arts and Fitness Center) and affiliated coaches, trainers, and instructors from all claims, demands, injuries, damages and causes of action to us or our property arising out of such training. I do hereby release and discharge The ATTIC Fitness Center and all facilitated companies and their employees from all claims, demands, injuries, damages and causes of action to us or our property arising out of our connection with the use of any services of facilities granted to us during the term of this and all other memberships.

I warranty that I am in good health and physically capable of participating in the programs involved in this membership. In case of accident, I agree to be examined at my own expense by a licensed physician, who shall report in writing to the ATTIC Fitness Center. Such a report must be received by The ATTIC within ten (10) days of the incident.

I agree and understand that I must follow all rules and regulations of conduct and operation of the facilities as directed by the staff. Failure to comply with any of the rules and regulations can result in termination of this agreement or any other memberships by any member of the staff without refund. I understand that this agreement is non-transferable.

Signature _____

Parent/Guardian Signature _____